

Contact
Improv
Workshop
with
**NITA
LITTLE**

ReWilding Attention: Becoming Feral

What are the limits of our vitality and our connection with one another?

Dancing Contact Improvisation and dance ensemble improvisation, this workshop develops states of embodiment that support attentional communication. Our work is to rethink our embodiment, challenge our cultural assumptions, and find new answers to how we communicate as physical beings. Our goal is to shake off the limits of our domestication and become more instinctual, more intuitive, more specific and clear in our actions, and more alive in our presence with one another and our worlds.

Event Pricing:

- **EARLY BIRD: Full Workshop** (paid before September 22): **\$230**
- **Full Workshop** (paid after September 22): **\$260**
- **2 Days of Workshop: \$200**

In order to participate, you **must attend at least two days** of the workshop. No single day options.

This workshop is intended for **intermediate to advanced contact improvisers**.

If you have questions, contact: maicafolch@gmail.com
< **Click Link to Register**

October 20-22, 2017 | 10am-5pm
Finnish Hall, Berkeley
Register at: tiny.cc/littleworkshop